

PRESS RELEASE – February 16, 2016

THANK YOU to the following vendors, businesses, organizations and individuals who helped the Charlton REAS Foundation raise over \$14,300.00 from the annual Taste of the Towns and Lottery Calendar fundraisers:

ADT Auto Service, Advantage Enterprises, A.J. Letourneau, Inc., Angelz Hair Design, Boomba's 24 Hour Towing, Boston Red Sox, Charlton Center Café, Charlton City Auto Body, Charlton Furniture, Charlton Oil, Charlton Police Dept., City Power Equipment, Classic Hair Design, Country Bank, Carol Cristo, Diane Dabrowski, Dad's Restaurant, Dick's Tire Barn, The Duck Restaurant, Ed Stearns Dressed Meats, Elm Center Café, Family House of Pizza, Fins & Tales Restaurant, the Family of John "Mike" Flynn, Francesco's Italian Bakery, Art Furtado, Brian Garney, Ken Hahn, Hilda Healy, Helgerson Excavating, Heritage Country Club, Don Holmes, Howlett Lumber, J&E Yankee Diner, Jennings Custom Homes, Inc., Kathy's Garden Treasures, Kid Power Gymnastics, Cathy Kuehl, Ladies & Gents Hair House, Lamountain's Service Station, Letour's Twisted Spoke, Michelle Letourneau, Main Event Barber, Karon Marcelli, Joyce Marcelonis, Margaux's Deli, McDonald's Sellia Corp., Millennium Power, Mexicali Grill, Monroe Muffler, Frank Morrill, New England Patriots Foundation, O'Malley's Auto, Osterman's, Scott Palmer, Percy's, Perkin's & Perkin's, Polar Cola Co., Bob Racki, Ronnie's Seafood, Sadie Greens, Safety Smart Gear, Savers Bank, Southbridge Savings Bank, St. Joseph's Church, Arlene & Neil Stanton, Sturbridge Coffee Roasters, Suzy Q's Ice Cream Truck, Ted's Package Store & Deli, Teddy G's Pub & Grille, Thai House Restaurant, Ray Underwood, Jayne Vranos, Wachusett Mountain, Zorba's Pizzeria & Tavern.

All these donations help the Charlton REAS Foundation to give awards to qualifying senior citizens to heat their homes in the winter time and receive an air conditioner or help with their electric bill during the humid summer months.

Many senior citizens are on fixed incomes and sometimes have to make choices between food, medications, heating their homes, as well as other daily necessities. The Charlton REAS Foundation is here to assist with energy needs to possibly free up some funds so clients may not have to make such difficult choices.

As we New Englanders' know, some winters can be brutally cold, but many people don't think about the extreme hot/humid summer weather and what that may mean for some senior citizens. Older adults (that is, people aged 60 years and older) are more prone to heat stress than younger people for several reasons: Older adults do not adjust as well as young people to sudden changes in temperature. They are more likely to have a chronic medical condition that changes normal body responses to heat. They are more likely to take prescription medicines that impair the body's ability to regulate its temperature or that inhibit perspiration. If you know someone who may need assistance, the deadline is March 31 for heating assistance. Cooling assistance begins May 1st. Please call 508-868-5289.

On behalf of the Charlton REAS Foundation Board of Directors, thank you for your support!

Elaine Materas, George Butz, Sabrina Webb, Debra Ciesluk, Jean Vincent, Ed Ciesluk, Michael Cunningham, Carl Ekman, Darlene Emco-Rollins, Heather Pedersen, Jim Pervier, Rick Swensen